



Nepean News Bytes Vol. 18, No.4, February 2018

CFUW Nepean Website: www.cfuwnepean.ca
eMail: CFUWNepean91@gmail.com

CFUW National: www.cfuw.org
GWI: www.graduatwomen.org

Upcoming Meetings/Events

Tuesday, February 6th, 1 p.m.

Speaker: Detective Barb Sjaarda of the Ottawa Police Service will speak about Human Trafficking in Ottawa and preventive action the OPS is taking. Also, we will have a special visit from Mary Partington, CFUW Regional Director for Ontario East.

Saturday, March 10th, 1:15 and 3:30 p.m.

International Women's Day. Ottawa, Nepean and Kanata CFUW clubs jointly present an afternoon of Drama and Dessert. Woodroffe United Church, 207 Woodroffe. Tickets \$25.

Register at www.CFUW-Ottawa.org or contact Christine at 613-727-3857

Lunching Out - Wednesday, 21 February, noon
Topkapi Restaurant, 2130 Robertson Rd
Contact: Kadri Campbell, 613-820-5536

Book Club Tuesday, 27 February, 1 p.m.
The Dark Flood Rises by Margaret Drabble at the home of Susan Richards
Contact: Susan Richards 613-829-7218



Celebrating February Birthdays

1st Kathy Greiner
15th Merle Fraser
18th Marcia Armstrong
22nd Sharon Carew

February Calendar

All members are welcome at all Interest Groups

Bridge Mondays, 1 p.m.
Contact: Kadri Campbell 820-5536

Armchair Travel Tuesday, 20 February, 1 p.m.
Please contact Cindy if you would like to present.
Contact: Cindy Hyduk 613 825 6811

Art Tours No February tour
Art Gallery undergoing maintenance
Contact: Dolores Dufresne 613-274-0598

Movie Matinee Friday, 9 February, afternoon
Contact: Dolores Dufresne 613-274-0598

President's Message Marlene Sylvester



The first CFUW meeting of 2018 on January 9th turned out to be a very fine day: the sun was shining; the roads had been plowed; the weather was no longer -24 with wind chill-34; our guest speaker, Suzanne Charlebois, gave members some healthy food tips and recipes and served a wonderful mango smoothie and granola mix.

Pat Coroy reported that members who assisted sorting the Christmas Parade donations at the Barrhaven Food Cupboard on Dec. 21st at the Christian Reform Church on Jockvale Rd. enjoyed

the experience and would volunteer again if needed. It was decided that our club would focus on the Barrhaven Food Cupboard at the Barrhaven United Church on Jockvale in lieu of the Ottawa Food Bank in Ottawa East.

Members wishing to make a voluntary fee payment for the GWI may give the \$8.40 to Dolores Dufresne by April 30th. She will forward a cheque to the national office and a wire transfer to GWI will be sent. All information will be confidential.

National sent the CFUW Respectful Treatment Policy. It is a 10-page policy which revolves around the cooperation and support of every person in the organization. Everyone is responsible for setting a positive example and behaving in a manner which will not offend, embarrass or humiliate others, whether deliberately or unintentionally. If an offense occurs, the necessary steps that may be taken to ensure that the policy is followed, is outlined. If you would like a copy, email or phone me.

The Resolutions will be sent out on Jan. 15th. If Ena Gwen's health permits, she will chair the meeting on March 6th. Volunteers will be required to read the resolutions, research the background materials provided and discuss the information with the entire membership on March 6th. There will be a vote on each resolution.

Members were positive about planning a meal for women at Cornerstone Housing for Women. An opportunity is available on Sat. April 28th at 172 O'Connor at 12:00. We would make the lunch off-site and bring it in 15 minutes before 12 and serve it to 61 women. The coordinator was very grateful for our support and participation.

CARE Canada sponsors **A Walk in Her Shoes** from Parliament Hill to City Hall on Tuesday March 6th, 12:00 -1:00 p.m.. Its purpose is to bring awareness to the public of all the women who must walk miles everyday to collect water and firewood for their families. Betty Ann Grainger, Pat Coroy and I will participate. At the March 6th meeting we will pass the hat to collect money to support this worthwhile cause. Others are welcome to join us.

On Sat. March 10th Kanata, Nepean, and Ottawa CFUW clubs will celebrate Women's International Day at Woodroffe United Church 1:15 p.m. or 3:30 p.m. A play, Women Vote Indirect, will be performed and desserts, tea and coffee will be provided. Judy Glass, Dolores Dufresne and Beryl

Hunter will help bake and serve at the event. If you would like to help out, give me a call.

In the Ottawa Citizen David Pratt explained that on Dec.10th in Stockholm the Nobel Prize winners met and not one of the 11 laureates is a woman. In the 116 years since the Nobel Prize was awarded, only 49 of the 896 laureates have been women. Only one female Canadian –Alice Munro- has won the award. He points out that there are a number of cases where women may have been overlooked in Nobel awards. I immediately was reminded of Albert Einstein and his wife. According to a new book, *The Other Einstein*, his wife contributed a great deal to his early work and he didn't acknowledge her collaboration. Pratt's new book *Nobel Laureates :The Secret of their Success* may be a good read for the book Club.

Joe Spence pointed out in a letter to the Citizen that there are 24 members of the Ottawa City Council, but just 4 are women. We need more woman's voices at the local level.

On Feb. 6th Detective Barb Sjaarda from the Ottawa Police Service will discuss Human Trafficking in Ottawa and area. Mary Partington, our Regional Director, will also bring us up to date on topics surrounding CFUW and GWI, clubs and policies, etc.

We are a very active club and I for one look forward to all our events in 2018. Hope to see you on February 6th.

Kind regards,
Marlene Sylvester
President, CFUW Nepean

Membership

Pat Coroy



Please join me in welcoming our newest member, Marcia Armstrong.

You may want to add Marcia's contact details to your membership list:

Marcia Armstrong
205 - 1465 Baseline Rd
Ottawa ON K2C 3L9
(H) 613 526-0016
marcia.armstrong@bell.net



Advocacy
Ena Gwen Jones (Acting Chair)

Happy New Year from the Advocacy Committee!

The Advocacy Committee would like to thank the CFUW members for their generous donations of toiletries to Interval House. We would also like to thank Marlene Sylvester for delivering all these goodies. Great Christmas presents for all in need.

Resolution Meeting March 6th:

Volunteers are needed to present the new Resolutions at the March 6th meeting. Please let me know if you are interested.

From CFUW National:

CFUW signed a joint letter ahead of the 2018 G7 Summit



On December 22, 2017, in the context of Canada hosting the next G7 Summit in June 2018, CFUW signed onto a joint letter urging Canada to show leadership and special focus on three issues that currently evade consensus among the G7 countries.

The issues are the following: 1) Supporting refugees, migrants and displaced peoples, 2) Tackling climate change and its impacts on poor and marginalized communities, 3) Ensuring the sexual and reproductive health and rights of all people.

The letter asks the Prime Minister for a continued strong stance on the three issues of concern and encourages Canada to create opportunity to address remaining gaps in the future. You can read the letter [here](#).

Reserve your place for the “150 Acts of Reconciliation” webinar!

As we turn the page on Canada’s 150th anniversary, it is high time to reflect on the manifestations of colonialism faced by First Nations, Metis and Inuit, and put Indigenous voices and communities at the forefront of change.

CFUW/UWC clubs and members are invited to subscribe to learn about the many meaningful ways to engage in the path towards reconciliation.

When: February 1st, 2018 at 4:00 PM EST
 Guest Speakers: Dr. Sara Komarnisky and Crystal Gail Fraser
 To register for the webinar, please contact Jenna Smith at cfuwgen@rogers.com.



Hospitality
Betty Ann Grainger

A big thanks to Jean Graham, Cindy Hyduk and Dee Ann C. Vaughan for bringing treats to our January meeting and for helping with setting and cleaning up.

Treats for our February 6 meeting will be provided by Jean Halpenny, Suzan Massoud and Helen Young.

At our March and April meetings, I will be selling “tickets” for our AGM Luncheon. Please mark your calendars taking note of the date and time.

Tuesday, May 29, 2018 at Noon

High Tea

Amberwood Golf Club,

ALE Restaurant

54 Springbrook Drive, Stittsville

Cost is \$35.



Pay it Forward
Judy Glass

Loblaw Companies Ltd is offering customers \$25 gift cards after admitting its part in a bread price-fixing scheme. There is a growing social media push encouraging Canadians to donate these cards to charity. While food banks will gratefully accept the cards, an alternate suggestion is to keep the card and donate \$25 cash instead. The food bank can purchase up to five times the amount of fresh produce with cash.

You can register for the \$25 gift card at www.loblawcard.ca until May 8th.

Our local area food banks are:
 FAMSAC Nepean. 2006 Robertson Road, Unit 8.
 Barrhaven Food Cupboard. 3013 Jockvale Road.

Your generosity will be greatly appreciated.

Of Interest

Thursday February 1st, 4 pm

“150 Acts of Reconciliation” webinar
See full details under **Advocacy** above.

Monday February 5th, CFUW-Ottawa, 1 pm

Riverside United church, 3191 Riverside Dr.,
Arthritis: Dispelling the Myths
SPEAKER: Janet Yale, President and CEO of the
Arthritis Society (Canada) and Catherine Harwood,
Regional Development Manager, Eastern Ontario
Arthritis Society

Tuesday February 13th, CFUW/Kanata,

11:30 AM - 1:00 PM

Stonehaven Manor, Kanata
A Day in the Life of a Cadet - Royal Military
College. Dr. Harry James Kowal is a retired
Brigadier-General, who served over 33 years in the
Canadian Armed Forces. Dr. Kowal is the 13th
Principal of the Royal Military College of Canada
(RMC).

Tuesday March 6, CARE Walk in Her Shoes

Women and girls in developing countries walk an
average of 6 km every day to collect clean water.
Join this walk from Parliament to City Hall in
solidarity with women and girls around the world.
The funds raised will help fight poverty and social
injustice. Contact Marlene for more info.
Tuesday, March 6 at 11:30 AM - 1 PM

Saturday March 10, Women’s Day.

**Collaboration of CFUW Ottawa, Kanata and
Nepean.**

The play, *Women Vote Indirect*, at Woodroffe
United Church at 1:15 p.m. and again at 3:30 p.m.
Victorian-style cake and tea will be served.
Tickets are \$25.

Your articles and feedback are always
welcome! Please forward your input to
cfuwNepeanNews@gmail.com
Deadline for content is the 15th of the
month.