

President's Message

February 2018



First of all, many thanks to everyone who dropped their toonies into the exquisite blue jar or envelope designated for donations to the Charitable Trust. One of the main ways that funds are raised for the CFUW Charitable Trust is at the annual National AGMs. Funds are raised there through the Silent Auction, the selling of CFUW cards, and the Charitable Trust breakfast or lunch. This year there will be a digital AGM so the opportunity to raise funds at the AGM will not be an option. So your donations to the Charitable Trust are especially welcomed! Thank you.

1. The CFUW Charitable Trust raises money and administers the funds to support the Fellowship and Awards Program of CFUW. The funds are used for annual Fellowships, Awards and Grants for Canadian women doing advanced study and research in science, math, engineering, home economics, education, visual arts, music, humanities, and social sciences. CFUW has supported graduate study, literacy and creative arts through awards and fellowships since it's founding in 1919. The Awards, fellowship, and grants given out by the Charitable Trust in 2017 total over \$100,000. The **CFUW 100th Anniversary Scholarship Project** reports that \$155,000 will be given out by CFUW in additional awards in 2019... and present reports indicate that the total of additional local awards is close to \$80,000. Well done, everyone!

2. The CFUW BC Council AGM and Conference will take place April 20-22 in North Vancouver at the Holiday Inn. The theme of the Conference is "Making Connections, Building Bridges". Early Bird full registration (\$240.00) is Tuesday March 2 with a closing date of April 18. **Register at cfuwbcc.proreg.ca/** You can register for single days (Friday \$60.00, Sat \$140.00 Sun \$50.00; early bird registration). A block of rooms will be available starting at \$139.00/night. Cut off date for this rate is March 20. **Full Registration Early Bird \$240.00 (\$270 after March 20) includes:**

- **Friday:** opening reception, keynote Bernard Richard, reception with hearty appetizers, dessert and coffee to follow.
- **Saturday:** breakfast, lunch and dinner with morning and afternoon breaks, CFUW AGM Business session, keynote sessions at breakfast, (Ms. Sue Trabant, Dr. Laura Buker, Ms. Trish Neufield), two themed workshops, Saturday evening banquet, and entertainment .
- **Sunday:** morning: breakfast, Sunday meditation, and CFUW BC Plenary: Women of Bountiful.

3. The Nomination process for National President, National Board, and Regional Directors ends on February 28, 2018. So we should know very soon who is running for all the above positions.

4. AGM 2018: Message from CFUW National

Preparations for the first CFUW electronic AGM on June 23 are progressing. A series of advisories will be forwarded to Clubs to help you with your planning for full participation in this AGM. We are able to set up for the AGM at National Office and plan a morning and afternoon session of two hours each. If extra time is needed we can take a short break and resume for an additional 30 minutes or so.

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Next General Meeting

Monday March 26, 2018 at 7:30 pm

Speaker: Diane Sugars, Dogwood 25

Hostess: Claire Smythe

Co-hostesses: Marg Edmonds, Joanne Clendenning, Silvia Boiceanu

Set up: Diane Stanley, Sally Margolus



WHICH DOORS DO WE USE TO ENTER THE NATURE HOUSE FOR OUR GENERAL MEETINGS?

Whoever arrives first at the Nature House will enter through the double doors at the left side and then will open the single door that is in the front for everyone else to enter. So, for most of us, enter by the door in front as usual!

President's Report...continued

5. International Women's Day event at Hycroft in Vancouver: UWC of Vancouver invites us to share in celebrating International Women's Day. They are hosting a panel discussion on the evening of March 8 (5:30-7:30 pm) focusing on women's equality by reframing a hyper-sexualized and pornographic culture.

6. GWI DUES increase payment: Individual members can submit voluntary payments of \$8.40 (or more if you wish) for this year's GWI dues by cheque payable to CFUW Richmond. Your donation can be by mailed to: Mary Lou Miles at 3811 Royalmore Avenue Richmond BC V7C 1P5 or can be given to Mary Lou at the March General Meeting. The deadline for this voluntary payment is March 31.

7. What should we do with \$649.50? This amount is the profit from the AGM 2017 tours, which the host club (us!) is allowed to keep. The executive would like to hear your ideas on how this money should be spent. Please send your suggestions to me by March 15 (before the next executive meeting).

Brenda Denchfield

Program Committee



Chair: Susan Johnsen

Our speaker on March 26 will be Diane Sugars on Dogwood 25: A nonprofit collaboration of key players in Aboriginal Education, dedicated to increasing the academic success of British Columbia's Aboriginal students.

Pizza & Resolutions Night March 12 at 6 pm

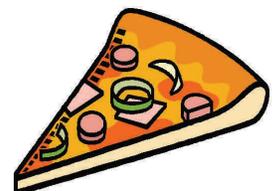


Our annual Pizza and Resolutions evening is coming up on **Monday, March 12 at 6 pm** at Jean Garnett's home. The evening will begin with a social time with a menu of pizza, salad, goodies and wine. This is followed by discussion groups and sharing of recommendations in the big group.

Thank you to those who have signed up to attend. If you have not had a chance to sign up but wish to, please let me know. If you are unable to attend but wish to comment on any of the resolutions, please send your thoughts to me.

The resolutions are posted on our website in the Members Only section for your reading pleasure! This is a fun and entertaining evening so please consider joining us!

Cheryl Garner (cherylgarner46@gmail.com)



Issues and Resolutions Committee



Chair: Jenny Toone

The speaker at the Issues and Resolutions committee meeting on February 6 was **Carol Dickson Manager of Seniors Community Services**, Richmond Cares, Richmond Gives. Carol spoke about the services provided in Richmond for the past 4 years by the **Better at Home Program**. This is managed by the United Way and encourages independence and sociability with multicultural opportunities to allow seniors to live longer in their own homes. All services except light housekeeping (contracted out with payment on a sliding scale) are provided by volunteers. Clients are directed to resources and benefits. There is an increasing uptake of senior peer counselling support and the most urgent need is for transportation volunteers. Carol also spoke about volunteer opportunities and the training provided by Richmond Cares, Richmond Gives.

Cynthia provided information about completing the **LetsTalkRichmond farmland-housing 2018 survey**. (De later forwarded information from the Food Security Committee and a rally at City hall February 26 to protest loss of ALR to mega-homes). Committee members were encouraged to complete this survey.

Brenda and Jenny met with the Principal of Brighthouse School, Mr A, to review CFUW's almost 3 years of volunteering with the **breakfast program**. We learned of 3 other ways programs bring food into the school to feed the school sub-population of hungry children - without the stigma of public identification. These are Frontier College, after school homework club (fruits and veggies), the Richmond Art truck (includes visits from public health nurses with healthy snacks prepared by their students) and Saturday morning open gym (baking provided by the PAC). We were thanked for our support and are asked to continue next year. At the general meeting, a survey was circulated to assess members' willingness to continue to volunteer for the 2018/19 school year and this discussion will continue at pizza night.

Many thanks to CFUW members who walked, or supported the walkers, at the **Coldest Night of the Year** fundraising walk held in communities across Canada on February 24. CFUW was represented through our Club, Rotary and the Poverty Response Committee. Richmond funds raised support Chimo programs and were over \$22,000 with a Canada-wide total of >\$4.3 million.

Upcoming events:

February 28, 1 – 3 pm. A meeting to discuss the need for a Living Wage at Kwantlen. Registration is required. Contact De for more information.

February 28 Richmond Brighthouse Library. Open house 3.30 – 7.30 for information on Modular Supportive Housing. Information and a survey is available on LetsTalkRichmond.ca.

Next meeting:

Resolutions/Pizza Night March 12, 6 pm at the home of Jean G.



Hostess Coordinator

Agnes Thompson, Hostess Coordinator

Hostess for General Meetings

Thank you to all of you who have volunteered to do the room set up and to be hostesses and co-hostesses for our club monthly meetings. I also say a special thank you to those of you who have stepped up to substitute when the unexpected happens and someone is unable to attend the meeting. You have made my job as Coordinator very easy this year. We need only one more volunteer – to be hostess for the May 28 meeting. It is not a difficult task, coordinating the refreshments. Over the years, a detailed job description has been developed and it is posted on our web site. The first member to email me at thompsonagnes@shaw.ca will be accepted!

Lulu Series

Note from your editor: I highly recommend the City's **Lulu Series: Art in the City**. There are three lectures each spring and the 2018 ones have just been announced. I always make it a priority to attend. A short musical presentation is followed by a lecture by fascinating people from around the world about Art and its importance to establishing connections between citizens and their communities. I have enjoyed many memorable "Lulus". See more at www.richmond.ca/luluseries.

Membership Committee



Chair: Susan Larsen

With March arriving, Spring is just around the corner! Always good news, even though our winters are not that harsh compared to some. More good news... two more new members have joined us as of Monday night! Welcome, Penny and Heather! Please add them to your directory (blank pages at the back) and make them welcome when you meet them:



Penny Nakamoto

7300 Schaefer Ave., Richmond, BC V6Y 2X7
604-763-5826 pennakamoto@gmail.com
CDA (VVI), BEd (UBC), Diploma ECEd (UBC)
Teacher (ret), reading tutor.



Heather Campbell

3471 Regent St., Richmond, BC, V7E 2N2
604-271-5045 778-232-0561
hecampbe@shaw.ca
Bachelor of Nursing, UNB, Fredericton, NB.
Public health nurse (ret)



Plans are well underway for the New Member's Tea on Sunday March 25 from 2-4 pm at the home of Kim Hunter. All new members are invited to attend the Tea, which is also attended by the current executive of the club. Beryl Matthewson, Regional Director for BC West, will also attend and bring greetings from BC Council.

Please note the following name change: Jean Oland has returned to her maiden name, **Jean Arthur**. Her new email address is jeanarthur@shaw.ca. Please adjust your directory listing for Jean.

For those members who ordered a new name badge and have not yet picked it up, they will be available at the next Coffee morning and/or the March monthly meeting. If you would prefer other arrangements, please let me know. I also have Membership Directories for Amy and Josephine, hope to see you soon.

Financial Report



Mary Lou Miles, Treasurer

Our Toonie Drive for the CFUW Charitable Trust raised \$116.75.

The deadline for submitting your donation of \$8.40 (or whatever you want to give) for the voluntary GWI dues is March 31. I will have an envelope available once again ready at the March 26 meeting. We will simply remit the total to CFUW National in April.

Katie Miller's excellent presentation from the Kwantlen Polytechnic University Foundation will be posted on the members only section of our website. Katie is Director of Advancement at KPU and advised that our total CFUW Richmond Endowed Fund will be at \$32,345.75 with the Club's \$5,000 donation completed this week in honour of our 50th Anniversary. This means, starting in 2019, our scholarship to female students will be \$1,600 annually. Up from \$1,000. In order for us to present two \$1,000 scholarships we need to up our donations by \$11,789.82. If you want to make a donation, please check the Kwantlen website at <http://www.kpu.ca/foundation/ways-to-give>. There is a phone number to call and leave your credit card. Please ensure you mention the CFUW Richmond Endowed Fund (there are lots of CFUW funds for other Clubs at Kwantlen).

The current criteria for our scholarship is: *"The Canadian Federation of University Women (CFUW) Richmond is pleased to present an award to a female graduate from a Richmond High School who has completed one year of study (or 30 credits) and is registered in a degree program. Criteria: past or present volunteer or community service as demonstrated by a letter of reference; achievement in the area of study with a CGPA of 3:00 or greater; financial need. Amount: \$1,000."*

Katie confirmed that our criteria is still relevant ten years after our scholarship was created.

Note: in answer to a members' question at our General Meeting, Katie confirmed by email that there are currently 25 students at KPU accessing the former youth in care tuition waiver benefit. Students are required to apply for this tuition program and therefore there may be additional students who have not identified as a former youth in care, however it is a well-publicized program so additional students are expected to be limited.

Nominations



Past President and Nominations Chair: Fran Mitchell

I am continuing my search for the next CFUW Richmond executive. All the positions are listed in the directory and job descriptions are on the web site. Treasurer, Vice President, Secretary and Issues Chair need to find someone new. There is someone who has expressed interest in being treasurer.

Some additional information about the other positions.

Vice President: We have had several past presidents who took on the VP job as quite new members. The two years gives time to become familiar with CFUW as an organization and to experience how decisions are made that make our club the successful group it is. The president and the past president are there to provide direction and answer questions. Other life skills in being willing to learn new things, managing a meeting and being prepared are important.

Secretary: Read past minutes from Betty which have been excellent. You would attend the executive meetings and regular meetings and provide the minutes in a timely fashion. Some but not extensive computer skill is useful. If you are unable to attend a meeting, we have always managed to find someone who will take it on. This is one of the jobs that two people could share.

Issues Chair: The Issues committee is an important part of our club as this is where the advocacy component of CFUW is dealt with. Usually, someone who is part of this group takes it on but there is still time for others to see how it works. This committee co-ordinates the breakfast club, the resolutions event (Pizza Night) as well as the book sales at each meeting. Members other than the chair have taken on these responsibilities so you don't have to do it all.

Please feel free to contact me to discuss any of these positions. It is extremely rewarding to be part of the executive of CFUW Richmond.



Communications Committee



Chair: Kathy Moir

Two things from this past month:

On February 24, some CFUW members were seen walking for the *Coldest Night of the Year* (for Chimo), namely, Pat Atkinson, Suzanne Barclay, Kathy Moir, Jenny Toone (and Derek), and De Whelan. Joyce Alis-haran clumped along as well with her walking boot. Sorry if I missed anyone (my glasses are broken).

Pink Shirt Day 2018 Wednesday, February 28. Did you know 1 in 5 children are affected by bullying? Bullying can affect adult women – in their relationships at home, at work and as they age too. Consider this quote from the Pink Shirt website:

In today's digital world, it can be impossible to escape online bullying, whether it takes the shape of harassment, spreading rumours, sharing embarrassing information or threats. This year, Pink Shirt Day is encouraging others to combat cyberbullying by thinking twice before posting something negative, and instead using the internet to spread kindness - because we know that Nice Needs No Filter!

Spread kindness!

Reminders:

1) If anyone knows of any members needing a card of congratulations or one of support (e.g., due to a difficult illness or grieving the loss of a loved one) please contact Donalda Buie (dgbuie@shaw.ca) and copy me (moirkm57@yahoo.ca).

2) Claire Smythe is our Webmaster and Linda Riesterer is our System Administrator. If you want something posted on our website (<http://www.cfuw-richmond.org/>) please contact Claire (claire.smythe0@gmail.com). She will liaise with Linda as and if needed.

3) Linda Quan continues to keep track of the comings and goings of members in the monthly *Grapevine*. So any such tidbits can be forwarded to ljqvan@shaw.ca.

Vice President



Deb Track

Walk in Her Shoes

I sent out a notice a couple of weeks ago about this fundraising opportunity from CARE Canada. Participants sign up for a registration fee of \$25 to walk 10,000 steps in solidarity with women in areas of the world where they have to walk to obtain the necessities of life. This prevents them from attending school in many cases, and can also place them in danger from predators.

Last year, a group of us did the walk on a Saturday in March. Another group did the walk on Wednesdays with Donalda's regular walking group. This year, we are suggesting that we only do the Wednesday walk. Our typical walk is approximately 5000 steps, so we can make our contribution by participating over two Wednesdays. If you wish, you can double your walk on one day or split it up over any other days you wish. The important thing is to contribute your \$25 to CARE (plus any other sponsorship donations you can raise). The walk must be completed by the end of March. Donalda has agreed to keep track of walkers as they work towards the 10,000-step goal.

If you are unable to walk on Wednesdays, let me know and I will be happy to join you on a weekend. It's a lot easier and more fun to do it with others.

To register, go to care.ca/vancouver/walks. Sign up as a **new participant** (even if you did the walk last year) and set up your **user name and password**. Click on "**Join an existing team**", and find "**CFUW Richmond**" in the list of teams. We are under "Companies and Organizations". You can pay your \$25 online when you register. If you have any problems with the registration process, let me know and we will find another way. I hope many of you will participate. We're walking anyway, for our own good, and this way we can help others at the same time. Walkers meet at 9:30 Wednesday mornings in the Garry Point Park parking lot. See you there!

CFUW Communications

Club members were given an opportunity at the January meeting to sign up to receive communications directly from CFUW National. This would allow you to receive emailed material, such as the Club Action Newsletter and The Communicator, directly from the National office in Ottawa. It is completely voluntary, and is a good way to stay up on what they and other Clubs across the country are doing. If you missed the sign-up last month and wish to receive these communications, just let Brenda know and she will forward your name and email address to national office.

International Women's Day 2018 campaign

theme: #PressforProgress

With the **World Economic Forum's 2017 Global Gender Gap Report** findings telling us that gender parity is over 200 years away there has never been a more important time to keep motivated and **#PressforProgress**. And with global activism for women's equality fuelled by movements like **#MeToo**, **#TimesUp** and more there is a strong global momentum striving for gender parity.

And while we know that gender parity won't happen overnight, the good news is that across the world women are making positive gains day by day. Plus, there's indeed a very strong and growing global movement of advocacy, activism and support.

So we can't be complacent. Now, more than ever, there's a strong call-to-action to press forward and progress gender parity. A strong call to **#PressforProgress**. A strong call to motivate and unite friends, colleagues and whole communities to think, act and be gender inclusive.

International Women's Day is not country, group or organisation specific. The day belongs to all groups collectively everywhere. So together, let's all be tenacious in accelerating gender parity. Collectively, let's all **Press for Progress**.

From <https://www.internationalwomensday.com/Theme>

tabularASA
Presents
separatum imaginibus

Gerry B's photo is in the middle. See article in the *Grapevine* on the next page.

The Grapevine



Submitted by **Linda Quan**

Happy New Years Again! The Chinese Way!

Friday, February 16, 2018 heralded the start of the Chinese Lunar New Year: The Year of the Dog! The most common ways of saying Happy New Year, the Chinese way, are: *Gong Hey Fat Choy* (Cantonese) and *Gong Xi Fa Cai* (Mandarin). Even though the pronunciations are a little different, both are written the same way.

The Chinese Horoscope, known as *Sheng Xiao*, has existed in Chinese culture since the Qin dynasty, more than 2,000 years ago and is based on a twelve-year cycle, each year in that cycle related to an animal sign. These signs, in order, are: the rat, ox, tiger, rabbit, dragon, snake, horse, goat/sheep, monkey, rooster, dog and pig. After years of thinking that both my husband and I were 'Rats', I just learned that, because Ming's birthday is early in January, he is actually a 'Piggy' (and this fits very well with his love of food and the tremendous amount of it that his high metabolism requires!)

Annual Lansdowne Mall Photo Exhibit

Thursday February 27 – Sunday March 4 [Open during Mall hours] The theme this year is "Faces and Places". This is where the Richmond Photo Club showcases their work and we have a number of CFUW members and some of their spouses who are involved in the photo club. Members, **Gerry B** and **Mary Z** along with Mary Z's husband, Harold have 4 photos each on display. In addition, spouses of **Mary P** (Brian) and **Jenny T** (Derek A) will also have entries.

Capture Photography Festival 2018

During the month of April this festival takes place at various galleries in the lower mainland, including Richmond City Hall Galleria, Ground Floor Tuesday March 6 to Monday April 23 [Monday to Friday 9 am – 5 pm] **Gerry B** is a member of an artists' collective, 'tabulaRASA' that has an exhibition as part of this festival. The title of their exhibition is 'separatum imaginibus' (which means separate images). See image on previous page.

Major Move on the Horizon

After living in Richmond since 1981, **Mary Lou M** and Alan are moving to a Kitsilano half duplex later this spring - returning to their roots, since both grew up in Vancouver. Rest assured, Mary Lou will continue to be an active member of CFUW Richmond!

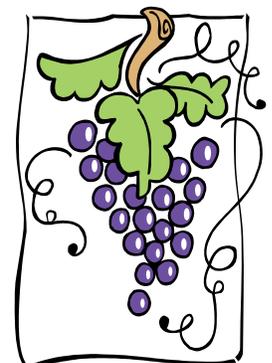
Modern Travel Adventure

Recently **Sally M** and husband John G travelled to Costa Rica for three weeks. They stayed half an hour from the Panamanian border in the very small town of Zancudo [population around 450]. It was very rustic. [This last sentence is a form of foreshadowing.] They stayed in the main floor suite of John's high school friend's house right on the very rugged empty, long beach. It was somewhat like being on the "Survivor" TV Show. [More foreshadowing.] The Veggie truck came twice per week. Fresh fish and shrimp came the morning after being caught; the food was super delicious. It was a very adventurous trip – probably wouldn't do it again but glad they had the experience! No hot water for three weeks – 30 degree extremely humid weather and [where have we heard this before?] with lots of rain! [just like home!]

Not too long after returning home, Sally's daughter had a free week and asked her mother if she would like to join her in Cancun – Sally accepted! – [it's nice when your older children want to spend time with you and Cancun is oh so much more civilized!]

Travel Here and There

During this Spring, **Margot D'S** is off on a number of trips that include San Miguel de Allende (for painting) and Denmark among other places. **Patricia A** will be spending a month down in one of her favorite places, Palm Springs while **Lynn B** is spending time in Iran (after a great deal of travel organization and angst!)



Interest Group News—March 2018



Coordinator: Penny McFarland 604-275-0232

Wednesday Walking. Leader Donalda Buie 604-271-7938, dgbuie@shaw.ca. We meet at 9:30 am each Wednesday in the parking lot of Garry Point Park. We walk along the west dike for 1.8 km and back. Also a group does The Point only, once or twice - 1 km. You may choose how much you wish to do. Often coffee follows in town.

Evening Book. Leaders Claire Smythe 604-241-4542, claire.smythe0@gmail.com and Mary Zwick 604-271-7105, mvzwick@gmail.com. Meeting - Wed. March 7, 7:30 pm at Sandy Bichard's. Our book for discussion is : "The Underground Railroad" by Colson Whitehead. Please RSVP to Sandy at: sandybichard045@gmail.com so that she can arrange seating and goodies.

Friday Coffee. Leader Penny McFarland 604 275-0232, pemcfarland@gmail.com. Friday, March 2, 10 am at Penny McFarland's, Helper—? This is a great place for new members to meet and chat informally with other members. Please drop in and join us!

Film. Leader Claire Smythe 604-241-4542, cell 604-345-8049. Tuesday, March 13, at Riverport Cineplex. Meet at Boston Pizza at 5:30 pm for dinner first. Please let Claire know if you plan to attend.

Afternoon Book. Leaders Priscilla Bollo 604-274-2100, priscil@telus.net and Donalda Buie 604-271-7938. Meeting Wednesday, March 14, 1:30 pm at Jean Garnett's, Goodies by Silvis Boiceanu, Books: Too Much Happiness by Alice Munroe; Three-day Road by Joseph Boyden. Please remember to contact the hostess if you cannot attend.

Euchre. Leader Lisa Delarue Riffel 604-448-1650 delarif@telus.net. Thursday, March 8, 1:30 pm at Penny McFarland's. Please let Penny or Lisa know if you will be attending in March. Please remember that if you need to cancel, you will be responsible for your own replacement. New players always welcome!

TALK. Leader Jean Garnett 604 277-1130, jeangarnett@shaw.ca. TALK meeting Monday March 19 at 1:30 at Jean Garnett's. Philosophers' Corner Thursday March 1 at 11:30 am at Steveston Hotel behind the cafeteria. Topic: Do we ever learn from the past?

Afternoon Mystery Book. Leader Linda McNab 604- 277-7450, lindamcnab@shaw.ca. Meeting Tuesday, March 20, 1:30 pm at Fran Mitchell's. The book is any Kinsey Milhone Mystery by Sue Grafton. Please let the hostess know if you are planning to attend.

Lunch Bunch. Leader Amy Yu 604-277- 8270 yuamysp@gmail.com. Priscilla Bollo 604-274-2100, priscil@telus.net. Thursday, March 22 at noon, location to be announced. Please let Amy or Priscilla know if you **will** be attending or would like to be on the mailing list.

Bowling - Mary Phillips 604-271-8794 mmphillips52@telus.net. This fun group will be at the Zone Riverport again at 10 am on Saturday, March 10. Please let Mary Phillips know if you would like to join us.

Bridge. Leader Agnes Thompson 604-274-2495 thompsonagnes@shaw.ca. Agnes has distributed the schedule for the remainder of the year. Please contact Agnes if you would like to join the group.

Dinner Club. Leader Helen Colligne 604-275-6727, collinge4@shaw.ca Helen has distributed the schedule for the year.

Pot Luck Gals. Leader Margot D'Souza 604-275-1185, margotnds@gmail.com. Dinners are scheduled once a month until June. If anyone is interested in being added to the "spares" list, please contact Margot.



Happy March Birthday to:

- | | | |
|-------------------|-------------------|-----------------|
| 1. Eelen B. | 16. Diane Stanley | 27. Betty C. |
| 2. Mary Lou M. | 18. Sarika F. | 30. Marilyn d.V |
| 6. Kathy Moir | 19. Lisa D-R. | |
| 13. Roberta Mayer | 21. Anna M. | |

